

THE HEALTH OF YOUR HOME = THE HEALTH OF YOUR FAMILY



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-- Doris Rapp, MD

MOLD IN AN ATTIC IS VERY COMMON because moisture can collect there as your house “breaths.” That’s one part of what it takes for mold to grow. That’s why it is so common in the shower.

Mold can be dangerous to the health and well-being of people and pets.

The tricky part is we don’t know we are affected by mycotoxins, until someone gets sick, and not everyone, even in a family, will become sick from mold.

That is, in part, why the EPA states: **“Disease associated with exposure to mycotoxins is known as the “GREAT MASQUERADER” of the 21st century because of its complex natural history involving different tissues and resembling different diseases at each stage of its evolution.”**
-Environmental Protection Agency, March 2011

Mycotoxins are toxic secondary metabolites produced by fungus. Basically, they can be called fungal poisons. According to David Straus, PhD, a professor of microbiology and immunology at Texas Tech University Health Sciences Center, “Spores don’t release mycotoxins into the air. The mycotoxins are in the spores and are only released from the spores when they become solubilized in water.” Therefore, when occupants inhale air contaminated with elevated levels of toxigenic mold spores, the mycotoxins solubilize in body fluids. Doris Rapp, MD, explains that “the mold itself can grow in and on human tissues and cavities, such as the lungs, and the mycotoxins they produce can cause chronic systemic poisoning.”

The Real World Problem—Health Impact

The top, most common mold health symptoms:

Allergies, Asthma, Autism, Bleeding Lungs, Breathing Difficulties, **Cancer**, Central Nervous System Effects, Colds, Coughing up Blood, Dandruff, Dermatitis, Diarrhea, Fatigue, Feeling disconnected from what's happening around you, Flu symptoms, Hair loss, Hemorrhagic pneumonitis, Hives, Hypersensitivity pneumonitis, Infection, Irritability, Itching of the nose-mouth-eyes-throat-skin, Kidney failure, Learning Difficulties or **Mental functioning problems** or personality changes, **Memory Loss (Alzheimer's Disease-like symptoms)**, Open sores, Organic dust toxic syndrome, Peripheral nervous system effects, Redness of the sclera, Rhinitis, Seizures, Sinus problems, Sleep disorders, Sneezing, Sore throat, Tremors, Trouble speaking, Vertigo, Vision issues, Vomiting

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